

# America's 6 Top Adventure Resorts

These retreats are perfect for families seeking a healthy blend of adventure and relaxation.

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(COURTESY OF SOUTH SEAS ISLAND RESORT)

## South Seas Island Resort

*Captiva, Florida*

Learn to sail or improve your sailing skills on [Captiva Island](#) with Offshore Sailing School at South Seas Island Resort. Choose from the three-day course, half-day course over five days or enjoy an intro sailing lesson with a two- or six-hour cruise. Beginners to experienced sailors interested in advancing their skills or racing are welcome. Aside from learning to sail, you can enjoy collecting seashells along the resort's beaches, go for nature walks with Sanibel Sea School staff and soak in striking ocean views from one of several restaurants and your hotel room or suite.